

Leadership Pizza



15 Minutes



Identify the skills, attitudes and characteristics you consider important for successful leadership and assess your own development in each of these.

Leadership Pizza



Skill/Attitude	I want to achieve	Next steps
Active Listening	Be more patient and less judgmental when listening to others	Ask a couple of friends to practice my active listening skills with them

1. Think about the **most important skills and attitudes** that you need to master in order to be a great leader. Label each slice so that all the important ones are represented.

Examples are integrity, passion, honesty, time-management, self-awareness, compassion or active listening.

2. Assign each slice a score from 1-10 that reflects how much you think you have mastered each skill/attitude.

1 = not mastered at all; 10 = mastered very well

3. Fill in each slice so that the size of the slice is representative of the score you have given it.
4. Once you have filled in all of the slices, take a look at the pizza as a whole and take some time to reflect:
 - Are there any big discrepancies between the skills/attitudes you possess?
 - Why do you think this is?
 - How would you feel if those that you scored low were to improve?
 - What can you do to improve them?
5. Choose **one slice to focus on first** and write down what you could do to improve that skill/attitude in the long-term.
6. Then, write down one (or more) specific steps you will take in the next month in order to move closer to that goal and **act on them**.
7. Repeat for each of the slices you would like to improve and monitor your progress by revisiting your pizza at the end of the month to see how it has changed.

Next Steps

Now continue your MyMynd journey to improve your wellbeing by exploring the Wellness Centre for further relevant resources and support.