

Goodbye Letter



🕒 30 Minutes

❓ Losing a loved one can be difficult. Use these prompts as a tool to help you express your feelings and say goodbye.

Dear

Writing this letter makes me feel ...

It's important for me to say goodbye because ...

One of my happiest memories with you is ...

You showed me that ...

I wish I could tell you ...

.....

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.....

I love this picture of you/us, because ...



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Something I will hold on to ...

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.....

.....

Lastly,

.....

.....

From